Assessing the Impact of Complete Lockdown on COVID-19 Infections in India and its Burden on Public Health Facilities

Laxmi Kant Dwivedi, Balram Rai, Anandi Shukla, Tapas Dey, Usha Ram, Chander Shekhar, Preeti Dhillon, Suryakant Yadav, Sayeed Unisa

A Situational Analysis Paper for Policy Makers



International Institute for Population Sciences, Mumbai

(www.iipsindia.ac.in)

April 25, 2020

© 2020 IIPS

Paper 3: Assessing the Impact of Complete Lockdown on COVID-19 Infections in India and its Burden on Public Health Facilities

(This work has not been peer-reviewed. If you find any errors or have clarifications, please email the authors.)

For research and updates on Covid-19, visit:

https://www.iipsindia.ac.in/content/covid-19-information

IIPS Team of Researchers on Estimation and Projection of COVID 19 Cases

Dr Sayeed Unisa, Professor and Head, Department of Mathematical Demography and Statistics (unisa@iips.net)

Dr Chander Shekhar, Professor, Department of Fertility Studies(buddhab@iips.net) Dr Usha Ram, Professor, Department of Department of Public Health & Mortality Studies (usharam@iips.net)

Dr Laxmi Kant Dwivedi, Asst. Professor, Department of Mathematical Demography and Statistics (laxmikant@iips.net)

Dr Suryakant Yadav, Asst. Professor, Department of Development Studies (suryakant_yadav@iips.net)

Dr Preeti Dhillon, Asst. Professor, Department of Mathematical Demography and Statistics (pdhillon@iips.net)

Mr Abhishek Saraswat, Data Analyst (abhi.srswt@gmail.com)

Ms Swagat Mondal, Master in Biostatistics and Demography (swagata9011@gmail.com)

Mr Balram Rai, Research Scholar (balramrai009@gmail.com)

Mr Pakash Kumar, Research Scholar (snvp.prakash@gmail.com)

Ms Sampurna Kundu, Research Scholar (sampurna34@gmail.com)

Ms Anandi Shukla, Research Scholar (shukla.anandi867@gmail.com)

Mr Tapas Dey, Research Scholar (tapashb06@gmail.com)

Assessing the Impact of Complete Lockdown on COVID-19 Infections in India and its Burden on Public Health Facilities

Salient Findings:

- 1. Initially, the curve of confirmed cases and deaths grows exponentially; but later the government-enforced lockdown has helped in flattening the curve.
- 2. The preventive measures may have averted around 63,334 confirmed cases and 3,845 deaths till 23rdApril 2020.
- 3. The number of confirmed cases grew around 19 percent during the pre-lockdown period of March 14-24, 2020, and stabilizes at the same pace till 5th April. Post 5th April, the decline in growth rate of confirmed cases reached as low as 10 percent.
- 4. The doubling time for COVID-19 cases ranged from 3-5 days during the pre-lockdown period, which increased to 7-8 days during the lockdown.
- 5. The reproduction rate was estimated at 1.56 during an effective lockdown period, suggesting that India has a long way before reaching a target of below one.
- 6. It is also observed that the number of COVID-19 patients in a government hospital in India as on 23rd April would have been on an average of 3.08 cases per hospital if it grows exponentially, however, due to lockdown, it has reduced to the level of 0.82 cases per hospital.

Abstract:

Introduction– The COVID-19 has emerged as a global public health concern due to a large-scale community-based outbreak across countries. The number of confirmed cases has also increased in India in the past few weeks. The predictions for the COVID-19 can provide insights into the epidemiology of the disease that help the policymakers to assess the health system preparedness.

Methods – We obtained data on daily confirmed, recovered, and deaths for 21 days and have implemented the exponential growth model to predict future cases for all three components. The mathematical model was used to calculate the average reproduction number and herd immunity. We estimated the number of active cases till the 3^{rd} of May, 2020 and tried to analyze the burden on public health in combating COVID-19 in India. Further, an attempt is also made to study the role of lockdown in reducing the number of confirmed COVID-19 cases and deaths.

Results – If the exponential growth in the number of cases continues then the total number of active cases would have been around 2,49,635 by the April end. The reproduction number for COVID-19 in India was found to be 2.56 and herd immunity was 61%. The total number of confirmed cases till 23^{rd} April was 23,039 as opposed to 86,373 if the cases would have grown exponentially. The estimated number of COVID-19 cases in a government hospital would be in the range of around 8 to 15 until 3^{rd} May 2020, but this figure has been significantly reduced to 0.82 based on the observed cases till 23^{rd} April, 2020. Results show that preventive measures like complete national lockdown have resulted in curtailing the exponential growth in the number of confirmed cases.

Discussions – The government of India has taken many preventive measures at the early stage of disease such as complete lockdown for three weeks, case isolation, deferring national and international travels. The most important one is that a large number of health-care workers are visiting households in the hotspot zones across the country to trace and isolate people who might have had a contact with those having COVID-19 symptoms etc. to curtail the spread of disease. Results indicate that these preventive measures have successfully helped in preventing a large number of deaths and infected cases in India.

Keywords – COVID-19, India, lockdown, reproduction number, public health capacity

Introduction

Towards the end of 2019, the outbreak of pneumonia cases of unknown etiology (unknown cause) occurs initially in Wuhan city capital of the Hubei province of China. As per the WHO's first situation reports on coronavirus disease 2019, from 31 December 2019 through 3 January 2020, a total of 44 case-patients with such pneumonia were reported, and most of these cases were commonly exposed to the Huanan wholesale seafood market.¹⁻² China reported the outbreak to the World Health Organization on 7th January 2020 that new type of virus was identified as a coronavirus (2019-nCoV).³ It is a zoonotic coronavirus which is similar to SARS and MERS coronavirus.⁴ Soon confirmed cases of COVID-19 were exported through Wuhan city initially in Thailand, Japan, South Korea, rapidly spreading to Europe, United States of America (USA), and has now spread to over more than 200 countries. With the alarming levels of spread and severity, WHO declared the outbreak of COVID-19 as Pandemic on 11thMarch 2020.⁵

The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) or the novel coronavirus (COVID-19) has already taken on pandemic proportions. According to World Health Organization, on 23rd April 2020, there are 213 countries, areas or territories with around 2.6 million confirmed cases, and 0.18 million deaths due to COVID-19.⁶ The WHO Director-General in a media briefing stated that if nations can detect, test, treat, isolate, trace, and mobilize their people in the response, the countries with less number of cases can prevent these cases becoming clusters and growing those clusters into community transmission.⁷ In much of the world, people exhibiting mild or no symptoms are unable to get tested, meaning that the actual number of cases could be much higher.⁸ The new public health crises emerging from COVID-19 have not only threatened the medical and public health infrastructure but also the economy of countries across the globe. In the past few weeks, countries such as Italy, Spain, and the USA have been devastated by COVID-19 as there was massive increase in the number of cases and deaths per day.⁹ Even after the gradual increase in facilities, the situation in these countries remains alarming.¹⁰

The new contagious disease of coronavirus (COVID-19) with no available vaccine is likely to be a threat to India's health care systems if appropriate steps are not contemplated. India being the second-most populous country of the world with high population density might be at a higher risk of the sudden outbreak as COVID-19 has very high human to human transmissibility. Developing a vaccine for COVID-19 has emerged as a new challenge for medical scientists and researchers, which might need more time. In this context, only feasible precautionary measures that come to the forefront are the early detection of symptomatic as well as asymptomatic cases, social distancing and isolating confirmed cases to check further transmission of the disease. India had the potential to become a hotspot, but India's pre-emptive strategy and advance precautionary measures have curbed the spread of COVID-19 to a large extent. India had started screening of international passengers even before the first case detected in the country.¹¹ The Government of India has taken many prudent and proactive measures such as early screening, mass media campaigns for preventive measures, national lockdown, travel restrictions, and quarantine, which have directly and indirectly controlled mass spread of COVID-19.

In India, the first positive case of the COVID-19 was detected on 30th January 2020 in Kerala.¹² In the beginning, the numbers remain nearly constant until early March but since then, the outbreak spread rapidly in almost all parts of the country. As of 23rd April 2020, there are 17,306 active cases of COVID-19, and 721 deaths have been reported from 32 states/UTs as per the Ministry of Health and Family Welfare, Government of India. The majority of the patients initially identified with an international traveling history. These cases worked as primary agents of transmission of the virus. Hence, it is important to estimate the transmission dynamics in the initial days of the outbreak of disease and predictions about the potential growth of cases.¹³ This prediction can provide insights into the epidemiology of the disease, which will help policymakers to check health systems capacities. It can identify whether the control measures are having a measurable effect or not¹⁴⁻¹⁵ and also, a prediction model can be updated to estimate the risk of the disease in the near future.¹⁶

The transmissibility of COVID-19 from human to human is sufficient to support sustained transmission unless specific control measures are implemented.¹⁷ In India, complete lockdown of 21 days was announced by the Ministry of Home Affairs order dated 24th March 2020, which was further extended till 3rd May 2020.¹⁸⁻¹⁹ Therefore, it becomes imperative to study the effect of current measures to combat coronavirus (COVID-19). Another objective of this study is to ascertain the effects of lockdown and other precautionary measures in reducing the number of confirmed cases and deaths due to COVID-19.

Data and Methodology

Data on COVID-19 was taken from the data-sharing portal covid19india.org., which provides nearly the same figures published by the government sources. We have collected information on three main components of interest, i.e., daily confirmed cases, daily recovered cases and daily deaths from 14th of March to 3rd of April 2020 for a period of total 21 days for predicting the exponential growth in the number of cases. We emphasized on the active cases of COVID-19, which has been adjusted by recoveries and deaths. We have also calculated the cumulative number of cases for all the three components presented in Figure 1. Data on confirmed cases and deaths have also been collected from 4th April to 23rd April 2020 to evaluate the impact of lockdown in reducing the number of confirmed cases and deaths.

Exponential Growth model

Since we have data on cumulative confirmed cases, recovered cases, and deaths for each day for 21 days, it is possible to fit an exponential growth model for these three data patterns.

The basic exponential growth model is described as

$$N(t) = \alpha * exp(rt)$$
 (1)

Where **N(t)** = number of cases at any time 't.'

 α = constant; **r** = growth rate; and **t** = time (in days)

This growth model was adopted for all three components, and the prediction was made on the future cases until 3rd May, 2020. All these three components closely followed exponential growth with a rise in the number of confirmed cases more steadily compared to recovered cases and deaths. The exponential growth rate model for confirmed cases (C), recovered cases (R), and deaths (D) are based on the available data is described in equations 2, 3, and 4, respectively. The active cases were calculated by subtracting the total recoveries and deaths from total confirmed cases described in equation 5. The active cases refer to the cases that will be active at that time and may require hospitalization and ICU (intensive care unit) in case of severe cases.

C(t) = 79.84exp(0.1714 * t)	(2)
R(t) = 7.3469exp(0.1609 * t)	(3)

D(t) = 1.1697 exp(0.2017 * t)	(4)
Active $Cases(t) = [C(t) - R(t) - D(t)]$	

The total number of cases obtained from the above growth models is consistent with the cases observed from the data used, which can be reflected in Figures 1A, 1B, and 1C. Hence these growth models can provide us with fairly enough estimates which can be useful for the policymakers to be prepared for any such public health requirements for hospitalizations, ICU, and medical logistics like personal protection equipment (PPE), etc. The differences were calculated for the number of confirmed cases and deaths based on the cases predicted by exponential growth and actual observed cases from 4th April to 23rdApril 2020.

Mathematical Model for Reproduction Number and Herd Immunity

The mathematical model for calculating the number of incidence cases based on the reproduction number is defined as:

$$\mathbf{I}(\boldsymbol{t}) = (\boldsymbol{R}\mathbf{o})^{\mathbf{t}'\boldsymbol{S}\boldsymbol{I}} \tag{6}$$

I(t) = Number of incidence cases at time t

 $\mathbf{Ro} =$ Reproduction number; $\mathbf{SI} =$ Serial interval and $\mathbf{t} =$ Prediction time

The number of cumulative cases has been calculated based on this mathematical model until 3rd May 2020.

Estimation of Reproduction Number and Herd Immunity

The reproduction number is defined as the average number of new infections generated by one infected individual during the entire infectious period in a fully susceptible population. The basic reproduction number reflects the ability of the infection to spread in the infectious period under no control.²⁰ The approach used to estimate the basic reproduction number in this model is to calculate the average Ro based on the daily cumulative cases for 21 days described in equation 7. The herd immunity (HI) is estimated based on reproduction number by equation 8. The herd immunity indicates the resistance to the spread of an infectious disease within a population that results if a sufficiently high proportion of individuals are immune to the disease, primarily through vaccination.

$$Ro = [\sum exp\{logI(t)/(t/SI)\}] \div 21$$

$$HI = [1 - (1/Ro)] * 100$$
(8)

Serial Interval is the time between the onset of a primary and secondary case. Due to the unavailability of detailed data on this parameter, we have used SI as 4.4 days as reported in previous studies.²¹

Public Health Capacities of India

To ensure India's public health care system preparedness against the novel coronavirus, we have collected information on different public health facilities available in India, including the number of hospitals and beds available. Information on government hospitals has been taken from Rural Health Statistics, Ministry of Health and Family Welfare Statistics Division, Government of India, 2018-19 and total number of beds as of January 2019 was extracted from the Open Government data source provided by the Ministry of Health and Family Welfare.²² Government hospitals include primary health centres, community health centres, sub divisional hospitals, district hospitals and medical colleges for the present analysis. To estimate the distribution of public health facilities among the population, we have used the projected population of India for the year 2020 (Report of the Technical Group on Population Projections).²³ The total projected population of India for March, 2020 is 133, 29, 00,000. The burden on public health facilities due to COVID-19 is estimated by the total number of cases of COVID-19 per hospital that needs to accommodate if the number of cumulative cases is projected by the exponential growth model and mathematical model on Ro. The impact of lockdown was also evaluated in terms of reduction in the burden on public health facilities on the basis of the number of predicted cases and actual observed cases till 23rd April 2020.

Results

Table 1 provides the predicted confirmed cases, recovered cases, and deaths for COVID-19 in India till the 3rd of May, 2020. If the increase in the number of cases continues to grow exponentially in upcoming days then the number of active cases will rise to 4, 13,467, the death toll to 34,319 and the number of recovered cases to 26,908 by 3rd May 2020. If the exponential growth was true the confirmed cases would have been 50,000 and then 1, 00,000 by 20th of April and the 24th of April, respectively. The exponential growth models fit very closely with the number

of observed cases before lockdown period but currently India does not follow the exponential pattern and the projected figures are off the mark.



Figure 1(a): Daily cumulative confirmed cases of COVID-19 based on exponential growth model in India





Figure 1(b): Daily cumulative recovered cases of COVID-19based on exponential growth model in India

Figure 1(c): Daily cumulative deaths of COVID-19 based on exponential growth model in India

Table 1: Predictions for COVID-19 by exponential growth model until 3 rd May, 2020 in India.				
Date	Confirmed Cases	Recovered cases	Deaths	Active cases
04-April	3391	253	99	3039
05-April	4021	297	121	3602
06-April	4768	349	148	4270
07-April	5653	410	181	5062
08-April	6704	482	222	6000
09-April	7949	566	271	7112
10-April	9426	665	332	8429
11-April	11177	781	406	9990
12-April	13254	917	497	11840
13-April	15716	1077	608	14031
14-April	18636	1265	743	16627
15-April	22098	1486	909	19702
16-April	26203	1746	1113	23345
17-April	31071	2050	1361	27659
18-April	36843	2408	1666	32769
19-April	43688	2829	2038	38821
20-April	51804	3323	2493	45988
21-April	61428	3903	3050	54475
22-April	72840	4584	3732	64524
23-April	86373	5384	4566	76422
24-April	102419	6324	5587	90508
25-April	121446	7428	6835	107183
26-April	144008	8724	8363	126921
27-April	170762	10247	10232	150283
28-April	202486	12036	12518	177931
29-April	240103	14137	15316	210650
30-April	284709	16605	18739	249365
01- May	337603	19504	22926	295172
02- May	400322	22909	28050	349363
03-May	474694	26908	34319	413467

Most countries have experienced exponential growth in COVID-19 cases, including China, USA, Italy, Spain, Germany, France. It took only 15 days in the USA to climb the number of confirmed cases from 1,000 to 1,00,000 as reported by the center for disease control and prevention.²⁴ The exponential phase may continue to increase until some serious preventive measures are taken (Figure 2).



Figure 2: Predicted active cases of COVID-19 based on an exponential growth model till 3rd May, 2020 in India

Deviations of Observed Cases from Predicted Cases based on Exponential Growth

The number of cases projected by the exponential growth model was compared to the actual observed cases until 23rd April. If the number of confirmed cases had grown exponentially, the cumulative cases on 23rd April would have been 86,373, but the observed confirmed cases on 23rd April were 23,039. The differences between the cases projected by exponential growth and actual observed cases are increasing with time, which is definitely a positive sign for India in terms of curtailing the exponential growth of COVID-19 cases in the country. Similarly, the number of total deaths due to COVID-19 till 23rdApril projected by exponential growth was 4,566, which is 3,845 more than the actual number of deaths reported. We also tried to analyze the differences in deaths by projecting the deaths by a logistic growth model as it will provide the gain at lower end. The difference in actual observed deaths and deaths projected by logistic growth until 23rd April was 330. These differences may be attributed to the complete lockdown in the country and other

	Numbe	r of Confirmed	Cases	Nı	umber of Deaths	
Date	Predicted	Observed	Differences	Predicted	Observed	Differences
	Cases	Cases		Deaths	Deaths	
4-Apr	3391	3684	-293	99	99	0
5-Apr	4021	4293	-272	121	121	0
6-Apr	4768	4778	-10	148	137	11
7-Apr	5653	5351	302	181	164	17
8-Apr	6704	5916	788	222	184	38
9-Apr	7949	6729	1220	271	230	41
10-Apr	9426	7600	1826	332	252	80
11-Apr	11177	8454	2723	406	292	114
12-Apr	13254	9212	4042	497	334	163
13-Apr	15716	10455	5261	608	361	247
14-Apr	18636	11490	7146	743	398	345
15-Apr	22098	12322	9776	909	423	486
16-Apr	26203	13432	12771	1113	451	662
17-Apr	31071	14352	16719	1361	489	872
18-Apr	36843	15722	21121	1666	524	1142
19-Apr	43688	17304	26384	2038	559	1479
20-Apr	51804	18543	33261	2493	592	1901
21-Apr	61428	20080	41348	3050	645	2405
22-Apr	72840	21372	51468	3732	681	3051
23-Apr	86373	23039	63334	4566	721	3845

preventive measures adopted by India. These differences in cases and deaths are expected to expand in the coming days.



Figure 3(a): Differences in observed and predicted confirmed cases of COVID- 19 until 23 April, 2020, India



Figure 3(b): Differences in observed and predicted deaths of COVID- 19 until 23 April, 2020, India

Reproduction Number

The reproduction number for India comes out to be 2.56 based on the reported cases in 21 days, which indicates one infected individual has infected, on average, 2.56 individuals in this period of 21 days, that is, till 3rd April, 2020. The reproduction number may decrease in the coming days for India due to the preventive measures taken by the government. The Herd Immunity for COVID-19 in India is estimated as 61%, indicating that if at least 61% of a susceptible population has

immunization to COVID-19, it can result in the elimination of infection from the population. The number of cumulative cases if predicted by the mathematical model using the estimated reproduction number, comes out to be 2, 28,297 until 3rd May 2020 in the absence of any preventive measures. The main goal of lockdown is to keep reproduction below 1, that is, on average, with each case infecting fewer than one person. The value of reproduction number is around 1.56 during an effective lockdown period, that is, during 4-19 April, 2020; it suggests that India has to go a long way to achieve the epidemiologically desirable result.

Public Health Facilities in India

The total number of government hospitals functioning in India is 27,984 and the total number of beds available in those hospitals is 7,10,761. If we consider the total population of India, the burden on public health facilities is quite high. A government hospital covers, on average, a total population of 47,631, and there is only one government hospital bed for the population of 1875. There will be, on average, 14.8 COVID-19 cases in one government hospital if the total number of cases continues to grow exponentially and, on average, 8.15 COVID-19 cases if cases projected by the mathematical model are considered till 3rd May 2020. These results indicate that public hospitals should be prepared in terms of isolated wards, beds, ICUs, and other types of medical equipment. Further, it is also expected that around five percent of total cases need ICUs and this figure might go up if a large number of patients would become serious before getting hospitalized or tested for COVID-19.

Table 3: The Burden on Public Health Facilities in India due to COVID-19			
Total number of Govt. Hospitals as on 31 st March, 2019*	27984		
Total number of beds available as on 31 st January, 2019**	710761		
Population coverage by one hospital*	47631		
Population coverage by one bed in a hospital*	1875		
No. of COVID-19 cases per Hospital until 3 rd May (projected by exponential growth			
model)	14.77		
No. of COVID-19 cases per Hospital until 3 rd May (projected by mathematical model			
on Ro)	8.15		
No. of COVID-19 cases per Hospital until 23 rd April (projected by exponential growth			
model)	3.08		
No. of COVID-19 cases per Hospital until 23 rd April (based on actual observed cases)	0.82		
Source: * Rural Health Statistics, Ministry of Health and Family Welfare Statistics	Division,		
Government of India, 2018-19			
**Ministry of Health and Family Welfare, Government of India, January 2019			

It is also observed that the number of COVID-19 patients in a government hospital in India as on 23rd April would have been on an average of 3.08 cases per hospital if it grows exponentially, however, due to lockdown, it has reduced to the level of 0.82 cases per hospital.

Discussions and Conclusions

The uncertainty around the novel coronavirus with no vaccine available until today sparks several concerns to the country's public health systems. This study presents the effect of several containment measures on the COVID-19 spread in India. It also assesses the public health preparedness based on the public health facilities available in the country. In case the exponential growth of COVID-19 cases occurs, it may result in serious strain on the public health systems as the case of several other countries. India already has an overstretched public health care system with a relatively low number of health functionaries. The density of physicians (7.8 per 10,000 population) and nurses (21.1 per 10,000 population) is low as compared to the world average.²⁵ As compared to developed countries with a nurse-to-physician ratio of 3:1, India's ratio stands at around 0.6:1. This becomes a matter of utmost concern as the majority of the facilities are concentrated in the urban areas catering to only 30% of India's population.²⁶

The differences exist in the exponential growth, and the observed cases show that India has already taken pivotal preventive measures to control the spread of the disease. Due to the dearth of testing kits, there is some concern about the capacity of screening COVID-19 positive cases in the country. Consequently, the number of confirmed cases may not represent the complete prevalence of COVID cases in India. Initially, India has adopted a strategic testing approach, where symptomatic individuals under certain criteria and asymptomatic individuals in contact with COVID-19 positive patients were tested. As per the reports from the Indian Council of Medical Research (ICMR) of as of 24th April 2020, a total of 5,41,789 samples have been tested, suggesting a much lower rate level of testing as compared to other countries. Moreover, as the number of COVID-19 cases rising rapidly in India, the health research department of ICMR has also encouraged the state governments to opt for pooled sampling for PCR screening of multiple individual patient specimens, followed by individual testing which will increase the coverage of testing for the purpose of surveillance. However, pooled sampling is only preferable in the areas of low positive rates of 2-5% of COVID-19 and sample should not exceed five individuals.²⁷As the number of operational Government laboratories has been increasing to diagnose the COVID-19 in India, it is

expected that the screening will increase in the upcoming days, which will subsequently raise the testing capacity of the country.

The Indian government has taken many preventive measures for containment of COVID 19 at the early stage of infection. It included complete lockdown for initially for three weeks which was extended again for another 18 days, measures to ensure social distancing, case isolation, geographical quarantine which calls for near-absolute interruption of movement of people to and from areas of the single large outbreak or multiple foci of local transmission of COVID-19 and national and international travel restrictions etc. Under the geographical quarantine in hotspot marked zones, a large number of health-care workers are visiting households to trace active cases, and local health workers like ASHAs, Anganwadi workers, and ANMs are trained for surveillance activities under the guidelines of the Integrated Disease Surveillance Program (IDSP). Parameter control through thermal screening at all the entry and the exit points of red zones will protect the further spread of the infection. About 15% of the patients are likely to require hospitalization, and an additional 5% will require critical care and ventilator management.²⁸ In view of this, temporary makeshift hospital facilities are made by converting hotels/guests, house/stadiums for mild cases, and dedicated COVID Health centers and COVID Hospitals are identified, which have isolation beds with oxygen support and other equipment. At present, 1,919 dedicated COVID hospitals having 1,73,746 isolation beds, and a total of 21,806 ICU beds are available, as reported by the Ministry of Health and Family Welfare on 17th April. Our results indicate that current preventive measures have successfully helped in preventing a large number of deaths and confirmed cases in India. However, as the rate of screening increases in the coming days, there may be a sudden outbreak, which will subsequently increase the number of COVID-19 positive cases. Further, data also shows that the number of confirmed cases grew around 19 percent during 14-24 March 2020, that is, the pre-lockdown period and then stabilizes at the same pace till 5th April. Post 5th April, the decline in growth rate in confirmed cases continues attaining as low as 10 percent. Further, it is also important to highlight that during the pre-lockdown period, the doubling time for COVID-19 cases was in the range of 3-5 days, which has now increased to 7-8 days after the implementation of complete lockdown.

Limitations

At present, there are few published research articles about the prediction of COVID-19 spread in India using Susceptible-Infection-Recovered (SIR) and Susceptible-Exposed-Infection-Recovered model, Statistical Machine Learning (SML) models, Mathematical model, and deterministic endemic model, etc. In this paper, we have used the exponential growth model to predict the pandemic course in India, which may have overestimated the epidemiology of the disease. This model does not account for many predictive factors such as lockdown, healthcare-seeking behaviour, quality of care, and community outbreak through mass gatherings. However, we have tried to account for the effect of lockdown, but many other vital factors such as co-morbidities and quality of care received by patients are not being included. Many studies have shown that COVID-19 has been fatal for the elderly and people with existing co-morbidities. Therefore, the number of deaths in the coming days may rise due to the presence of co-morbidities, the difference in the quality of care and other associated demographic factors. Exponential model underestimated the public health care capacity of the country as it does not include the account of special facilities provided by the government with regards to combat COVID-19 (dedicated COVID-19 hospitals and test centers, temporary makeshift hospitals, arrangements of isolation beds for suspected cases, etc.). However, in this crucial period, with the limitations mentioned above, this study provides an elementary view of the pandemic curve, which may assist the preparedness action plan to combat this pandemic.

Acknowledgements:

Authors would like to thank Prof. K.S. James, Director and Senior Professor, International Institute for Population Sciences (IIPS), Mumbai, for his suggestions to carry out this study and for providing constructive comments which helped greatly in improving the quality of the policy brief. IIPS team of researchers on Estimation and Projection of COVID 19 Cases would also like to thank him for initiating policy briefs on COVID-19.

References:

- 1. World Health Organization. (2020). Coronavirus disease 2019 (COVID-19): situation report, 1
- Wang, H. J., Du, S. H., Yue, X., & Chen, C. X. (2020). Review and Prospect of Pathological Features of Corona Virus Disease. *Fa yixuezazhi*, 36(1), 16-20.
- Corman, V. M., Landt, O., Kaiser, M., Molenkamp, R., Meijer, A., Chu, D. K., ... & Mulders, D. G. (2020). Detection of 2019 novel coronavirus (2019-nCoV) by real-time RT-PCR. *Eurosurveillance*, 25(3).
- 4. Liu, Y., Gayle, A. A., Wilder-Smith, A., &Rocklöv, J. (2020). The reproductive number of COVID-19 is higher compared to SARS coronavirus. *Journal of travel medicine*.
- 5. World Health Organization. (2020).https://www.who.int/docs/defaultsource/coronaviruse/transcripts/who-audio-emergencies-coronavirus-press-conferencefull-and-final11mar2020.pdf?sfvrsn=cb432bb3_2
- 6. World Health Organization. (2020). Coronavirus disease 2019 (COVID-19): situation report, 94
- World Health Organization. (2020). Coronavirus disease 2019 (COVID-19) https://www.who.int/dg/speeches/detail/who-director-general-s-opening-remarks-at-themedia-briefing-on-covid-19-11-march-2020
- 8. Coronavirus latest: confirmed cases cross the one-million mark https://www.nature.com/articles/d41586-020-00154-w
- 9. 2020. Johns Hopkins. 20 03. https://coronavirus.jhu.edu/.
- Narain J. P. (2016). Public Health Challenges in India: Seizing the Opportunities. *Indian journal of community medicine: official publication of Indian Association of Preventive & Social Medicine*, 41(2), 85–88.
- 11. https://pib.gov.in/PressReleaseIframePage.aspx?PRID=1608727
- 12. https://pib.gov.in/PressReleseDetail.aspx?PRID=1601095
- Viboud, C., Sun, K., Gaffey, R., Ajelli, M., Fumanelli, L., Merler, S., ... &Vespignani, A. (2018). The RAPIDD ebola forecasting challenge: Synthesis and lessons learnt. *Epidemics*, 22, 13-21.
- 14. Funk, S., Ciglenecki, I., Tiffany, A., Gignoux, E., Camacho, A., Eggo, R. M., ... & Clement, P. (2017). The impact of control strategies and behavioural changes on the

elimination of Ebola from Lofa County, Liberia. *Philosophical Transactions of the Royal Society B: Biological Sciences*, 372(1721), 20160302.

- Riley, S., Fraser, C., Donnelly, C. A., Ghani, A. C., Abu-Raddad, L. J., Hedley, A. J., ...
 & Chau, P. (2003). Transmission dynamics of the etiological agent of SARS in Hong Kong: impact of public health interventions. *Science*, *300*(5627), 1961-1966.
- 16. Cooper, B. S., Pitman, R. J., Edmunds, W. J., & Gay, N. J. (2006). Delaying the international spread of pandemic influenza. *PLoS medicine*, *3*(6).
- Natsuko, Imai, Cori Anne, Dorigattillaria, Baguelin Marc, A. Donnelly Christl, Riley Steven, and M. Ferguson Neil. 2020. Report 3: Transmissibility of 2019-nCoV. COVID-19 Response Team, Imperial College London.
- 18. https://pib.gov.in/PressReleaseIframePage.aspx?PRID=1607997
- 19. https://pib.gov.in/PressReleasePage.aspx?PRID=1614457
- Anderson, R. M., Anderson, B., & May, R. M. (1992). *Infectious diseases of humans: dynamics and control*. Oxford university press. Center for Disease Control and Prevention https://www.cdc.gov/coronavirus/2019-ncov/index.html.
- 21. Zhao, S., Gao, D., Zhuang, Z., Chong, M., Cai, Y., Ran, J., ... & Yang, L. (2020). Estimating the serial interval of the novel coronavirus disease (COVID-19): A statistical analysis using the public data in Hong Kong from January 16 to February 15, 2020. medRxiv.
- 22. https://data.gov.in/resources/stateut-wise-number-government-hospital-beds-facilitiesrural-and-urban-areas-reply
- 23. https://nhm.gov.in/New_Updates_2018/Report_Population_Projection_2019.pdf
- 24. https://www.cdc.gov/
- 25. World Health Organization. (2019). World health statistics 2019: monitoring health for the SDGs, sustainable development goals.
- 26. Hazarika, I. (2013). Health workforce in India: assessment of availability, production and distribution. *WHO South-East Asia Journal of Public Health*, 2(2), 106-112.
- 27. Ministry of Health and Family Welfare Government of India. (2020). Updated containment Plan for Large Outbreaks Novel Coronavirus Disease 2019 (COVID-19).
- 28. Ministry of Health and Family Welfare Government of India. (2020). Guidelines issued by ICMR for Rapid antibody test in hotspot Area.